

# Los Altos Track and Field

## Schedule of Events (Meet Start 3:15 p.m.)

All times are approximate - listen for meet announcer for actual event starts

#	Event	Time	Team Order
1	4x100m Relay	3:15 p.m.	VG - VB - JVG - FSB
2	1600m	3:20 p.m.	VG - VB - JVG - FSB
3	Hurdles (110m/65m/100m)	3:45 p.m.	VB - FSB - VG - JVG
4	400m	4:20 p.m.	VG - VB - JVG - FSB
5	100m	4:35 p.m.	VG - VB - JVG - FSB
6	800m	4:50 p.m.	VG - VB - JVG - FSB
7	300m Hurdles	5:10 p.m.	JVG - VG - FSB - VB
8	200m	5:30 p.m.	VG - VB - JVG - FSB
9	3200m	5:45 p.m.	VG - VB - JVG - FSB
10	4x400m Relay	6:00 p.m.	JVG - FSB - VG - VB

Field Events - Start times are approximate. Events will be announced.

	High Jump	Shot Put	Discus	Long Jump	Triple Jump
3:15 p.m.	JVG	VB	VG	VB	VG
4:00 p.m.	VG	JVG	FSB	JVG	FSB
4:45 p.m.	FSB	VG	VB	VG	VB
5:30 p.m.	VB	FSB	JVG	FSB	JVG

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